

Praise for *Ordaining Reality*

“Donlan's book takes the reader on a fascinating tour of the true nature of reality, exploring how each and every one of us is engaged in orchestrating sweeping changes in the physical world by maintaining a positive focus on desired results. As each of us gains a better understanding of the basic principles involved in *Ordaining Reality*, we become better able to positively influence our future and the future of the entire planet.”

– Cynthia Sue Larson, author of *Aura Advantage*.
www.realityshifters.com

“*Ordaining Reality* succeeds in clearly explaining the connection between Western scientific thought and Eastern spirituality. Donlan, drawing from multiple sources, makes complex information easily accessible leaving the reader with many thought provoking ideas and new questions about the nature of reality.”

– Ilana Marks Radio/TV host & author of *The G-String Theory*.
www.ilanamarks.com

“In a word - FANTASTIC! I especially enjoyed Donlan’s multi-faceted explanation of physics and the layered manner in which he presents this complex topic. It helped me piece together many portions of life's puzzles...with the underlying notion that Eastern thought *can and should* compliment Western ideals - including philosophy, science, and mysticism. Of particular significance to me was the ‘Ah ha!’ moment it inspired within my own perspective of reality. I recently authored a book which explores the importance of visualization and the right hemisphere’s role in both learning ability and social behavior (particularly among children); I sense that Donlan’s book may supply an important link in that chain of understanding. Of course, the greatest benefit of this book is not solely the ability to understand this link, but to help me ordain my own reality.”

– Erin Phifer, author of: *Boosting the Mind's Eye: Visualization for Social and Emotional Intelligence*.

“This book, emphasizing the ultimate reality of the metaphysical world in Eastern thought, and is bound to be of increasing importance in our global economy, where Western research is being outsourced to the East.”

– Paul H. Carr, Ph.D. physics. Author of: *Beauty in Science and Spirit*.
www.MirrorOfNature.org

ORDAINING REALITY

ORDAINING REALITY
The Science behind the Power of
Positive Thinking

Joseph E. Donlan



Universal-Publishers
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*Ordaining Reality:
The Science behind the Power of Positive Thinking*

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I dedicate this book to the memory of my parents for their initial guidance; to my lovely wife Kim for her constant encouragement, considered feedback, and tireless editing of the manuscript; to my brother Vincent and the other contributing physicists whose vast knowledge of Western Physics abridged so many of my tangential paths; to my other brothers Walter, Paul and Robert who offered encouragement and suggestions; and, finally, to the many friends and test readers who generously offered their time and invaluable comments along the way.

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MISSION DECLARATION

Essence of the Book

The purpose of this book is to explain the underlying laws of nature supporting the theory that positive thinking produces positive results. This knowledge will significantly enhance your ability to bring about desired changes in your life.

When it was Conceived

The book has endured a lengthy gestation. Its idea took initial roots about 30 years ago when I first experienced an ability to influence the outcome of events in my life simply by steadfastly focusing on the desired result. I termed this phenomenon, “*Ordaining Reality.*”

Why it was Written

To understand this concept I consulted a long list of books and articles concerning future-creation such as positive thinking, visualization, power of prayer, etc. I also investigated the results of numerous experiments revealing evidence of unseen powers (which I describe in the book). During this examination period I began to increasingly recognize that the specific method for bringing about a desired future was quite secondary to the more fundamental aspect of understanding *how* the phenomenon occurs.

I spent years pondering how mere contemplation of an outcome (whether through positive thinking, prayer and/or visualization) could substantively increase the probability of its occurrence. During my attempts to uncover this mystery I investigated the studies of Western Physics and Eastern Philosophies and the thought processing functions of the brain. The outcome of my research is in large part the subject matter of this book because I found that the capacity to influence the future is viable for *some* individuals; however, it does not seem to work as well (or at all) for those who lack sufficient knowledge of the underlying mechanism.

I discovered that the key ingredient for creating reality was an unshakable belief that I possessed an ability to influence the outcome

of future events. During the course of trying to help others do the same, I found that many, despite *wanting* a desired outcome, had difficulty *believing* that they in fact had the power to bring it about. After lengthy counseling, most would be able to *emvision* their desires; however, in short order many of them would begin to doubt their ability to actualize their objectives. Few, if any, of the doubters were successful in bringing about their desired futures while those who *got it*, so to speak, enjoyed considerable success.

I eventually determined that the best way to help those who obdurately harbored doubts was to unveil to them the underlying scientific reasons why and how this phenomenon worked and explain it intelligibly. In the course of investigating the connection, I made the serendipitous discovery that, in addition to helping people maintain a strong belief in this power, having an understanding of *how* thoughts create reality significantly contributes to a successful outcome.

The book's charge, therefore, is twofold. Its first goal is to convey how and why this phenomenon works; its second objective is to show its readers how to employ this knowledge to create their own future. As you will learn, these two objectives go hand-in-hand.

The Challenge

Although my continued investigations into the hazy realm of the *paranormal* convinced me that this phenomenon was real, the path to understanding how one is able to create the future via thought without violating the known laws of science was fraught with obstacles. My early assessment revealed that the laws of Western Physics in the mid-1970 did not support or even permit the notion that non-physical phenomena (such as prayer, visualization, contemplation, etc.) could have *any* influence upon physical events, present or future. In the course of my research I also discovered that the accepted laws of mainstream physics at that time forbade a host of other phenomena which fell under the general categories of the *parapsychological*, *supernatural*, and *metaphysical*. Despite these daunting roadblocks and the repeated assertions by the scientific establishment that the so-called *paranormal* and *spiritual* realms do not even exist, I still held that my own experiences of ordaining reality were real, as I could often create a mental image of a desired future and watch it unfold.

To get beyond this impasse, I embarked upon a 25-year mission of discovery. In the early days of this journey I struggled with the paradox that I was able to *ordain* reality but unable to uncover any scientific principle that would rationally *explain* how the phenomenon

worked. However, the more I understood about the evolving laws of physics, the more I began to uncover scientific evidence supporting a link between the two worlds. Deeper investigation revealed that the same mainstream laws of physics which forbade the occurrence of paranormal events had difficulty explaining a number of new discoveries within the scientific community. This book traces the history of these issues and offers explanations for them; in doing so it introduces four hypotheses.

The first hypothesis is that there are two co-dependent realms of existence: the physical and the non-physical. The book explains that the *physical* realm deals with the *tangible, material, and concrete* aspects of nature. The *non-physical* concerns *intangible, spiritual, and/or abstract* phenomena. To codify the many facets of the non-physical, I refer to them collectively as *metaphysical* to include everything that is non definable, non locatable, and non measurable by current scientific methods.

The second hypothesis is that the mainstream laws of Western Physics deal exclusively with the *physical* plane of existence. Western Science is solely concerned with entities that can be *quantified*. As such, its compendium of laws paints a reasonably accurate picture of most of the known *objective, material* entities. However, current laws do not address *subjective, metaphysical* entities, including *intangible* emotions such as *love* and *hope*. Western Science's response for this exclusion has been that the metaphysical domain is outside the bounds of reality.

The book's third hypothesis is that Eastern Science and Eastern Philosophy (a/k/a Eastern Mysticism and what I brand as "*Eastern Metaphysics*") embrace the metaphysical realm. Eastern Metaphysics views the physical and metaphysical domains as equally real and co-dependent. To support this third hypothesis, the book reveals how the physical and metaphysical realms interact and how these substantively different and behaviorally distinct entities comprise the complementary Eastern concept of *yin* and *yang*.

The book's fourth hypothesis identifies and explains important similarities between Western thought and the brain's left cerebrum hemisphere vis-à-vis Eastern Metaphysics and the right cerebrum hemisphere. While conducting research on the diametrical views of Western and Eastern disciplines regarding the realm of the metaphysical, I traced the origin of this schism and uncovered surprising parallels between brain functions and their dis-

tinct orientations toward either the Eastern or Western perspectives of reality. This book will introduce and explain how the comprehension of Western and Eastern constructs is primarily processed within separate hemispheres of the cerebrum section of the brain and how the two hemispheres evolved to best interpret the physical and metaphysical worlds. This fourth hypothesis explains why Western Science and Eastern Philosophy developed into their current forms and how we can make use of this knowledge to ordain reality.

I shall employ the foregoing four propositions to construct a new view of nature which will augment portions of the current paradigm of Western Physics known as *The Standard Model*. As its principal cornerstone, my new interpretation will recognize the existence of the metaphysical realm to help explain many of the enigmas facing contemporary theoretical physicists while rationalizing the occurrence of paranormal events, particularly that of *ordaining reality*.

To support my propositions and to help compose the new perspective, I will trace the discovery of the newer theories within Western Physics that in my opinion unsealed the lid to valid scientific acceptance for the type of paranormal activities I have investigated and experienced. I will also explain why and how the Eastern body of knowledge uniquely views and rationalizes metaphysical phenomena, and, unlike the Western perspective, does not make a hard distinction between what I shall later define as *the third-person physical* and *the first-person metaphysical* realms of existence. Much of this book is dedicated to reconciling these contrasting views, and the reward for this knowledge will be a clearer understanding of nature and a significantly greater ability to positively influence events in your life.

The Book's Objective

The book's overall *raison d'être* is to empower you with the ability to create, or at the very least, strongly influence your own future in a positive manner. It will explain why you must have total faith in your desired outcome and why this certitude requires an understanding of how the future-creating phenomenon mechanistically works within the laws of nature. This is what I earlier meant about the two objectives being complementary. To impart a sufficient level of understanding to achieve these goals, I will establish four principles to sustain the four hypotheses identified above.

The book's first principle proposes that the laws of Western Physics are incomplete. In support of this argument, I will, in the simplest terms possible, introduce the laws of physics as they are

known today and indicate where and why I believe they are incomplete. In this discussion I shall support how an understanding of Eastern Metaphysics can appreciably clarify and supplement what I deem as the missing elements of today's laws. As part of this elucidation, the book provides supporting information to girder the first proposition that there are two complementary realms of existence—the *physical* and the *metaphysical*.

The second hypothesis is that the future is neither preordained nor totally random. I will explain that the future is a veritable *tabula rasa* that is waiting to be inscribed upon by our thoughts which manifest our many potential futures and guide us down the myriad paths we choose, consciously or unconsciously. Within this explanation I shall establish that the notion of *time* is merely a man-made construct.

The book's third premise is that you already possess an inherent ability to bring about your own future. The book will explain that this is a natural ability as it is an integral part of our brain anatomy.

The book's fourth assertion is that once you appreciate the existence of the metaphysical realm and understand how you can interact with it, you will open the possibility of creating your own reality. I will explain that, armed with the knowledge of the new model presented in this book, you will be empowered to positively affect the outcome of your own future events.

To help prepare for this important step, please read the **Foreword**, which follows.

FOREWORD

Organization and Acknowledgement

The *Mission Declaration* provides a general overview and introduces its two interrelated goals: imparting a new understanding of nature and sharing successful methods to help you ordain your own reality. To accomplish the first objective, I will expose you (at a high and intelligible level) to the three models of Western Physics (*Newtonian Mechanics*, *Relativity*, and *Quantum Physics*) and the view of Eastern thought that I term as *Eastern Metaphysics*.

This book will journey into these fascinating and, at times, eerily similar worlds. However, you will be able to pack lightly for this informational excursion because you will not be subjected to the rigors of higher mathematics or the tedium of complex diagrams that often accompany a general comprehension of Western Physics. I will also present a précis of the inscrutable teachings of Eastern Mysticism while citing some of the increasingly common intersections of these two ostensibly disparate views of nature.

After outlining and contrasting the current states of Western Physics and Eastern Metaphysics, I will introduce a new interpretation of nature to explain some of the mysteries that haunt the world of theoretical physics and support the book's principal aim of unlocking the secrets of how thoughts beget [future] actions.

Gaining even a veneer comprehension of the complex subject of Western Physics or the enigmatic subtleties of Eastern Metaphysics are not trivial undertakings. Given their ranges and complexities, I will simplify the material to the extent possible. Although the forthcoming information has merit, this book is not about imparting a comprehension of these expansive subjects. Rather, its aim and purpose is to empower you with a requisite background within these diverse areas of study to help you to view and understand our universe and the forces within it from a different perspective.

As I shall explain in the book's final chapter, your new appreciation of the laws of nature will serve as your first element of *enlighten-*

ment. It will become your new *Weltanschauung* (i.e., your encompassing *worldview* and your *perspective of reality*). Following that attainment, I will provide instructions for the second and final objective of enlightenment, which will provide a bridge to the *Eastern* portion of your brain to help empower you to influence your own future.

As I introduced in the *Mission Declaration* and will later explain, you already possess this latent power to a greater or lesser degree, and you are already ordaining your own reality, consciously or unconsciously. However, armed with a more accurate understanding of the forces of nature, your ability to manifest your future reality will be demonstrably amplified because, as I will repeatedly explain, an unwavering feeling of certitude and a clear understanding of how this phenomenon operates *within the laws of nature* will dramatically increase your ability to ordain your own future.

While at times it may be challenging, it will be a highly rewarding assignment because every reader who completes this book will be empowered to change his/her life. With that as my pledge, I shall start by reviewing the book's major components.

In the spirit of an ancient Chinese saying, "even the longest journey begins with but a single step," I will initiate your voyage of understanding by helping you take your first step toward gaining an understanding and appreciation of Western Physics.

To impart a general knowledge of this subject, I will convey both a functional and historical perspective of general physics and, at the reader's option, successively build upon your ever-growing base of understanding by *adding* successive strata of information at progressively deeper levels...sort of like a highly-abridged and greatly simplified rendition of Physics 101, followed by Physics 102, etc. My layered, piecemeal approach to this topic will also serve to reveal some of the structural weaknesses within its current framework and help underscore where, in my opinion, the wrong use of some ingredients have resulted in today's faulty scientific recipes.

Conversely, to explain Eastern Metaphysics I will systematically *dismantle* layer-by-layer the commonly misconceived notions of that philosophy to *reveal* to you its true meaning and its subtle, yet powerful essence. This Eastern perspective will include elements of the enigmatic philosophies and teachings of *Zen*, *Taoism*, *Hinduism*, and *Sufism* as well as appropriate portions of the *Sikh*, *Zoroastrian* and *Vedic* Cultures. I will cull this inclusive set by selecting heavily from the teachings and interpretations of *Zen* as it, to me, conveys the richest insights into and the deepest understanding of the world of

Metaphysics and forms a robust link between Western Science's current view of nature with that of my new interpretation.

As acknowledged, this is an ambitious undertaking, particularly as many readers have limited backgrounds in these disciplines. Fortunately I am well-suited to explain Eastern philosophies to the Western mindset as I, as a Westerner, had to progress through a similar transition before I could intuit its subtle teachings. I had to learn how to *unlearn* before I could learn, and I had to discover how to *not know* before I could know. I had to discover how to *unlock* the rational, Western-biased mechanism that guards the key to the vault of true, inner learning. My explanation of how this can be achieved will dramatically shortcut the time needed to attain this knowledge.

In addition to positioning me to abridge an explanation of metaphysics to Westerners, my background enables me to convey the fundamentals of Western Physics to non-physicists. I am equipped to explain this broad and complex discipline to the uninitiated because I have gained a comprehension and appreciation of it by reading without formal agenda, contemplating with a broad and open mind, and engaging in numerous unstructured discussions with qualified physicists and specialists in related disciplines who have patiently indulged and redirected many of my initially misguided concepts and implausible theories. Conversely, my eclectic approach to learning and my concurrent study of other disciplines helped me reveal to them some new views of nature and some alternate interpretations. Perhaps most important, because I immersed myself into Western Physics in a top-down manner, I was able to view at once all of the discoveries which led to the overthrow of its main theories. This offered me the vantage point of plotting all the experiments which contravened the prevailing theories *en masse*.

I should also add that, as well as having an unstructured and unbiased approach toward gaining an understanding of the highly-ordered discipline of Western Physics, I have had an opportunity to view it from numerous vantage points. As my eclectic research introduced me to each new concept within the expansive subject of physics, I eschewed accepting a theory on faith. Instead, I contrasted each premise vis-à-vis the varying viewpoints of the numerous disciplines I investigated to determine if the proposed concept would stand up within the rules, if you will, of those fields of study. When it did, I accepted a principle on provisional terms. When it did not, I tentatively rejected it. I employed this multi-discipline-testing methodology recursively until I developed a paradigm of understanding

that flowed within each area of study I had researched. This method has given me considerable confidence in my proposals.

The disciplines in which I immersed deeply during the past 25 years of preparation for this book included many of the conventional Western sciences, such as classical and non-classical physics, biophysics, genetics, molecular biology, brain anatomy, chemistry, thermodynamics, pure and applied mathematics, and astrophysics. Areas of study also included Western humanities such as psychology, religion, history and philosophy as well as a wide spectrum of Eastern thought ranging from the traditional Eastern areas mentioned above to Aboriginal cultures, to certain Native American cultures, such as the Hopis, Navajos, Iroquois and the Cree, and finally to the spectrum within the paranormal ranging from the occult to the spiritual.

I hold an uncompromising belief that an accepted theory within *any* of the above areas of study should not directly contravene the findings and positions of strongly-held convictions within other disciplines. As many are in complete contravention, it has been (and continues to be) a laborious approach toward gaining a greater understanding. However, I hold that my interdisciplinary, cross-referenced approach is invaluable because it makes my findings and conclusions more robust.

My perspective is also influenced by my education. After graduate studies in software engineering with electives in artificial intelligence (“*A.I.*”), I continued A.I. research with keen interest. As I shall later describe, despite the optimistic predictions made by leaders of this field at that time (circa 1984), I became increasingly skeptical about the direction that research was taking. My general disagreement led me to investigate the workings of the many-layered human brain system to better understand the entity which A.I. experts were trying to emulate. My studies within the area of brain and limbic research unveiled several patterns which I confidently believe to be an original thesis.

The first trend I recognized revealed parallels between the brain functions A.I. engineers were and were not able to emulate via software and hardware versus the functional areas of the brain. These similarities and differences, as I shall later reveal, closely mirror the behavioral characteristics of the *left* and *right* hemispheres of the cerebrum. More specifically, the left hemisphere to operate in the fashion of a well-programmed computer; whereas the right hemisphere and many of the *older* portions of the brain and limbic system have little in common with an electronic brain, regardless of its proc-

essing speed and/or instruction set. The second corollary revealed similar linkages between Western Science and left-brained thinking in comparison to Eastern Metaphysics and right-brained functions. Perhaps most germane to the book's mission, the third parallel I discovered reflects how the [inherent differences of] the left and right brain hemispheres respectively map to the interpretations of the *physical* and *spiritual* worlds that Western Science cannot explain.

I shall interweave these theories into the structure of the book as they will help unlock the keys to reconciling the differences between Western Physics and Eastern Metaphysics and bridge the schism between the worlds of the physical and metaphysical. I should also add that my comprehension of Eastern Metaphysics and my studies of Western Science permit me to express many complex phenomena within the discipline of physics sans abstract mathematics.

As you will discover, you do not need to understand the mathematical intricacies of Classical Newtonian Mechanics to understand the basic concepts that they represent. As well, I do not believe that you need to immerse into mathematical complexities such as *Hermitian operators*, *Hilbert spaces*, *Transformation Theory*, etc. to generally grasp the fundamental principles of Quantum Physics. Instead, I will introduce necessary concepts and theories of Western Physics in the form of overviews with liberal use of simple analogies, many of which I shall borrow from the Eastern Mystics.

My diverse approach in gaining an understanding of the book's material has taught me many new insights and inculcated the invaluable lesson that there cannot be a monopoly of understanding within a single discipline. Rather, I have found that each field of study provides a unique vantage point and complementarily leads to a better overall comprehension of the whole, just as each tiny tile of a mosaic adds to the puzzle's completion, but requires a wider and deeper perspective to interpret the meaning of its message. To achieve that aim I will liberally employ many sciences and non-sciences as functional methodologies to convey a greater clarity of understanding. In short, my broad area of investigation has revealed to me the simple but powerful notion that the *whole* is far, far greater than the sum of its parts. With that as my initial explanation and qualification for the book's forthcoming material, I shall now present its composition.

Format and Presentation

In addition to striving to present its information in a clear, entertaining and comprehensible manner, I have taken care that none of the book's subject matter requires antecedent knowledge that has not already been provided by that juncture. To assist the reader, I will make frequent forward and backward references throughout. I have also layered the material for *all* audiences. To satisfy readers with deeper backgrounds in physics, I make liberal use of sections of italicized text to parenthetically present underlying detail and substantiation of concepts. In addition, I have provided an optional *Endnotes Section* to further amplify and/or clarify important points made within each chapter. Readers with less interest or background can elect to skip all italicized sections without any loss of continuity of the material. Readers with very little interest can skip all but Chapters One, Two, Seven, Eight and Thirteen and reference the extensive Glossary of Terms that covers both the technical subjects introduced in the book and the many terms that are used to explain those topics.

As I unveil my simplified presentations of the existing models of physics, I will expose what I consider as the flaws of each and set the stage for introducing a new perspective. I will explain how and why the numerous inexplicable phenomena which experimental physics has uncovered during the past 150 years have led to the development of newer models of physics. In the course of this explanation I will make the case that if all the discoveries of the past 150 years were uncovered at once, physics as we know it today would be quite different because, I contend, many of the findings compromised the direction in which physics turned in order to solve earlier discoveries.

I will conclude this topic by introducing a new interpretation of nature that helps to reconcile those issues while permitting the realm of the metaphysical. As every new theory must be proven, I will develop what I regard as ten specific proofs and some verifiable predictions to support my model. Following the explanation of the new model of physics, I will accomplish the book's second principal goal by bringing you through a step-by-step process which teaches you to create your own future.

Although I endeavored to present the book's scientific material in a comprehensible manner and have isolated its more technical portions with italicized text and/or Endnotes, I appreciate that most readers may still find portions somewhat esoteric. As well, some may not want to learn *all* the rudiments of Western Physics and/or

the problems it faces. Therefore, although I caution that a lack of knowing *how* the laws of nature can support your ability to bring about a desired future outcome may compromise your ability to do so, I have structured the book so that uninitiated readers can simply read the *Mission Declaration*, the *Introduction*, the first two chapters (i.e., *Section I*), and then skip forward to Chapters Seven and Eight and go directly to Thirteen. Readers entirely uninterested in any supporting details can skip from Chapter Two to Thirteen. However, this abridgement is not encouraged as it is my hope that most readers will wade through all four sections before reading Chapter Thirteen. Whatever path you take to arrive at the book's conclusion, I trust that it will bring about a truly life-changing experience for you.

*Every man has a right to be wrong in his opinions, but
no man has a right to be wrong about his facts.* – BERNARD BARUCH

Acknowledgements

I shall make a sincere effort to adhere to this advice by insuring that the facts and theories that I present as background material are generally accepted by mainstream physicists. Based upon these underlying facts, I will propound a significant number of what I consider to be viable theories and postulates. Some of my presented theories may be controversial; however, unless otherwise noted, it is my belief that the concepts and ideas presented within its *foundational* sections are generally accepted within the mainstream of science.

In addition to my presentation of some novel theories within the foundational sections, the majority of the hypotheses that I will propound in Section IV of the book are, to the best of my knowledge, original. I will endeavor to always alert you to these instances to help you reach your own conclusions. I fully expect (and sincerely welcome) that you may reject some of the presented theories. To be perfectly clear I shall expand upon this assertion.

I and the book's contributors have endeavored to assure that the underlying facts and statements *supporting* the theories within this book are accepted within the mainstream of scientific theory. In cases where I am aware of multiple contending theories, I make a sincere effort to impartially present alternative views or at least acknowledge that other theories exist. To be clear, I did not develop the *underlying* material used in this book; that body of knowledge was created by the giants of Western Science. However, to paraphrase