

**THE
INTERRACIAL
DATING BOOK
FOR BLACK
WOMEN WHO
WANT TO DATE
WHITE MEN**

Adam White

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**The Interracial Dating Book For Black
Women Who Want to Date White Men
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Chapter 1

Why Black Women Should Consider Dating Interracially

"We must not be timid from a fear of committing faults; the greatest fault of all is to deprive oneself of experience."

Vauvenargues

Reflections and Maxims

Your Solution To The Shortage of Black Men

Millions of White men are interested in dating Black women, and outnumber the Black women available for interracial dating several to one. 57% of single White men are open to dating interracially, compared to 51% of single Black women. [Sources: *Washington Post*, 9/10/95, *Jet*, 10/2/95]

White men who have never married, or are divorced, widowed or separated outnumber similarly-disposed adult Black women more than three-to-one: 29.2 million White men, compared to 8.4 million Black women. There's plenty to go around.

The odds are even better for single Black women with associate's, bachelor's or advanced degrees. Single White men with such degrees outnumber similarly-disposed Black women more than five-to-one: 7.2 million White men,

compared to 1.3 million Black women. There's even more to go around for Black women with degrees. Remember, 57% of them are open to dating interracially.

Why Black Women Date White Men

While individual Black women have very personal reasons for dating interracially, should you speak with a number of Black women who have done so, the reasons they most often mention for dating White men usually include:

- * they are emotionally available
- * they are open to long-term relationships
- * they don't dominate every aspect of the relationship
- * they don't play endless games
- * they don't act like little boys
- * they respect you
- * they really know how to treat Black women
- * they know how to be romantic
- * they don't abuse you
- * they have fewer hangups about oral sex and foreplay
- * they tell you what's on their minds
- * they act relaxed and secure about themselves
- * they compliment you and make you feel appreciated
- * they had fathers at home who were role models
- * we have a lot of interests in common
- * the physical differences between the races are exciting

Black women say these things because the necessity of coping with the social pressures the interracial relationships attract tends to screen immature White men and Black women alike away from interracial relationships in the first place. Not very surprisingly, if the mature constitute most of those who get screened into interracial relationships, most of the White men you hear about being involved with Black women will be a notch or two better than average. You hear about the success stories, but not the more numerous might-have-beens and false starts that fall by the wayside. Not all White men are mature, and not all White men who become involved with Black women treat them right. On average, however, the odds are that an adult White man who can handle being in an interracial relationship is likely to be mature along other dimensions as well, including the way he treats women.

Interracial Romantic And Sexual Curiosity

"I don't regret for a single moment having lived for pleasure."

De Profundis

Oscar Wilde

Sexual curiosity about White men is a good reason for Black women to explore interracial dating. Sexual curiosity should be satisfied, not locked up, squelched, left unspoken and unexplored. If so, to what end, for what purpose? Sexual desires and yearnings are an intrinsic part of being human, an inescapable part of every

adult's daily stream of consciousness. Who among us does not think about sex at some point every day? You are free to pursue your tastes wherever they may lead. Should this lead to Black women enjoying themselves in bed with White men, the consenting adults involved are the only parties with any say in the matter. Don't be ashamed or apologetic about being interested in interracial sex. Catering to others' expectations will not make you happy in bed.

Do you daydream about White hands roaming all over your body and stirring cream into your coffee? Should your fantasies involve White men, those fantasies merit further introspection. If thoughts of White men give rise to strange, forbidden urges and feelings you half-heartedly try to push from your mind, your heart skipping a beat all the while, that is likely to be the right way for you to go. Those urges and feelings that bubble up from within your heart of hearts are what you really want, however publicly unacceptable to embrace or admit. Interracial relationships and sex should not be held up as a forbidden, impossible dream allowed to come to mind only in guarded moments before an iron curtain censor of the mind drops down. Probe into the matter and question yourself about just why it draws you on. If you can admit to being willingly and helplessly tantalized by the allure of interracial relationships and sex, you will find obliging, like-minded White male company

abounding to help you sail those seas of
supposedly forbidden pleasures.

"Forbidden fruit a flavor has
That lawful orchards mocks"

Emily Dickinson

"Forbidden Fruit"

Interracial relationships are surrounded by an aura of unspoken taboos that enhance their exotic reputation, making them appear excitingly forbidden, mysterious, and "different." Interracial relationships are less common than same-race relationships, and by virtue of having had fewer opportunities to wear grooves in the minds of the many, generates considerable friction in scraping against the uninformed neurons of the uninformed multitude. Fantasies and speculation rush in to fill the informational vacuum.

Curiosity about interracial relationships and sex can be rooted in an interest in physical novelty. Some Black women have an esthetically-based sexual curiosity about men of another color, often intermingled with an interest in the comparative novelty of White male physiology and psychology. They like the way White skin and other physical features differ from the darker male physical features to which they are more accustomed. Such women often mention their esthetic delight in such things as the color contrast between Black and White hands when clasped together, the differences between White and Black hair, skin, noses, lips, and related matters.

Physical appearance is a common motive for sexual attraction. Such looks as you may care for are purely a matter of taste, and as many different tastes exist as there are people to hold them. There is no accounting for taste, and no need to account for them to anybody. Taste is its own end and needs no justification. Who you find attractive is exclusively your own concern. Those whose tastes run against finding racial differences a source of interest should have little problem avoiding interracial entanglements of their own, given the extra effort interracial relationships often require. Others have no right to limit your fields of play or foreplay.

“We can love nothing except with reference to ourselves; and we are merely following our own taste and pleasure.”

La Rochefoucauld

Maxims

White male attitudes about intercourse and foreplay are another source of sexual curiosity. Men are not all the same after the lights go out. White men as a group generally have fewer inhibitions about giving oral sex and engaging in extended foreplay. A Black woman who hears this would naturally be curious about an interracial relationship's potential for increasing her sexual pleasure. A single Black woman who doesn't get what she wants from her Black sexual partner is fully justified in looking around for a White partner who can meet her sexual needs. Her curiosity might be intertwined with another

factor, such as an interest in the esthetics of color differences.

Some Black women think interracial relationships and marriages offer more romantic and emotional pluses than same-race marriages. They are attracted to White men as boyfriends and potential husbands with whom they can have enjoyable marriages and make biracial babies, for intertwined romantic, emotional, sexual, psychological and esthetic factors that come with the desire to make such commitments. Some Black women are very comfortable with Whites, possibly due to having grown up in integrated neighborhoods. They see interracial marriage as a natural next step, and not much of a big deal. Since Black men have long felt free to enter into interracial marriages in considerably larger numbers than Black women, Black women increasingly see no good reason not to do exactly the same should the right White male walk into their lives. There's no good reason for a Black woman to not get into an interracial marriage that meets her definition of her needs. While not all interracial marriages make it, neither do all same-race marriages. There's no reason to hold interracial relationships to a higher standard if such interferes with meeting your needs.

While admittedly a touchy subject in some quarters, some Black women see interracial relationships as a way to have light-skinned children. Race mixing, whether inside or outside a marriage, has a reputation as a minefield-laden

issue, though the explosions and shock waves reverberate exclusively inside the idle minds of spectators not themselves involved in interracial relationships. What looks like a sociological battlefield from the outside differs little from a same-race relationship on the inside. For the two people most directly concerned in such interracial relationships, it is the personal issue of "us and our baby," and not a red-hot sociological issue that concerns others any more than a same-race marriage with children concerns third parties.

A responsible, adult Black woman's reproductive melanin-mixing choices and selection of the brand of cream of her choice for stirring into her coffee are matters of individual choice of no concern to melanin-dilution hall monitors. Marriage and reproduction are private matters, and an adult Black woman is free to paint her children the color of her choice with the white-handled brush of her choice. Your freedom of choice, freedom of association, freedom of reproduction and freedom of taste always take precedence over others' tastes and ideologies. Racial ideology is just one of many tiresome pretexts of convenience for external control and manipulation of private relationships.

"The only way to get rid of a temptation is to yield to it. Resist it, and your soul grows sick with longing for the things it has forbidden to itself."

Oscar Wilde

The Picture Of Dorian Gray

Some Black women make no bones about wanting affluent husbands and boyfriends, and see numerous White males offering that characteristic, to say nothing of other qualities of interest. While money is hardly the best of reasons for a relationship or marriage, once again it is always the exclusive right of the two individuals concerned to decide how to arrange their lives for their mutual satisfaction. After all, it's common knowledge that some same-race marriages are entered into for reasons that are primarily financial. Interracial relationships should not be held to a higher standard than same-race relationships if such interferes with enjoying your life. If the only thing that makes you happy is money, you might as well find an obliging White male instead of wasting away on the vine. "You'll find there are many who'll wed for a penny."

William Schwenck Gilbert

The Mikado

Some Black women are romantically and sexually attracted to White men for a smorgasbord of hard-to-express, subconscious, taste-related reasons they can't begin to articulate or understand. They know what they like, and that's it. This is common. Interracial relationships and marriage open up subtle psychological entrances to fulfillment that would otherwise remain closed for some women. For whatever reasons might lie buried in the depths of their subconscious minds, they best reach their sexual

and emotional peaks with White men. Should a Black woman not be really sure just why she prefers to go the interracial route, as long as she feels it's right for her, it's okay, regardless of whether it leave others wondering. After all, few people in same-race marriages and relationships are asked to justify why they married or got involved with the person they did, beyond saying it felt right. For that matter, feeling a need to justify a private relationship to a third party is proof that the person feeling that need is on the wrong track. Interracial dating and marriage should not be held to a higher standard, unless such a higher standard fills some sort of identifiable need that benefits the two people most directly concerned. Other people's opinions don't count.

Why Black Women Date Interracially Less Often Than Black Men

"Why should there be one law for men, and another for women?"

Oscar Wilde

The Importance of Being Earnest

Look around at the odds for Black female/White male relationships during your lunch hour or weekend. You'll see more Black women visibly involved with White men would have been the case a decade or two ago. However, while the odds have improved, they are still nowhere near the visibly better odds for Black male/White female relationships that you also see very much in evidence. Interracial marriage

statistics reveal a similar pattern. Black men marry interracially more than twice as often as Black women.

One school of thought holds that, for any large group of men, the odds are you will be compatible with a few of them. Were the development of interracial relationships a statistically predictable matter of relationships developing out of chance encounters with large numbers of compatible others of various races, you would expect to see roughly equal percentages of Black women and Black men paired off with companions of other races were you to observe a large enough group over the course of time. But, despite the increased opportunities for contacts with members of other races in schools, workplaces and neighborhoods, this has not happened.

In fact, given that there are millions more single Black women than single Black men, and that those Black women have a greater workforce presence than Black men, which brings them into contact with large numbers of potentially compatible White males, you would expect the numbers to be the other way around. But still you see disproportionately more Black men paired off with White women. Obviously, something is interfering with the development of Black female/White male relationships.

What keeps Black women out of interracial relationships? Social and psychological pressures directed against Black women are the primary

culprits. Many Black women have subconscious negative attitudes about White men. Lack of opportunities to meet men of other races is another factor, especially for Black women who live and work in single-race neighborhoods. Lack of knowledge or misinformation about how to attract and meet White men is another problem. The inability to get motivated enough to get started keeps many Black women from even getting into the running.

Black Women Are Not Standby Equipment

There are millions more unattached Black women than unattached Black men. Deducting from that total those Black men unavailable due to substance abuse, unemployment, incarceration, involvement with White women and homosexuality results in a bleak demographic landscape for Black women. The situation is quite the opposite for Black men, rare commodities fully aware of the extent to which they are in short supply. As long as Black women outnumber Black men, certain types of Black men will play their demographic advantage to the hilt by treating many Black women as standby equipment. They play the system for what it's worth, and the pool of unattached Black women is the system they play.

All too many Black men choose to take on the role of sultans on the Black social stage, the privileged few among the unattached many. Black women are their standby-equipment harem girls, from whom they expect appropriate tributes.

Being put on standby status means that the polygamous sultan deems you to be a harem girl whose services are not required for the moment. The sultan picks the harem girl whose tributes of the flesh he desires for the evening, and the unchosen wait on the shelf until his whim deems otherwise. Should the sultan tire of one harem girl's charms, there's plenty more where she came from, and not all are Black. Sultans can not understand why any harem girl would find fault with this system, their viewpoint being that the privilege of harem membership is ample reward for any harem girl. You have no leverage over these sultans, because they have no incentive to change. There's nothing to be gained, and much to be lost, should the winds of change blow through their private harems in the Black social desert. Don't be fooled by the fictitious carrots they dangle to induce Black women to pull their social lives along. They offer nothing of substance. Should you limit your socializing to certain types of Black sultans, your only rewards will be empty promises and endless reassurances, as far into the future as the eye can see.

Black women who make the mistake of taking on the role of standby equipment status leave themselves no choice but to contort their lives to fill the role expectations that go with being a spare tire. Standby equipment is a role with no room for emotional growth. The degree to which you trim yourself down to suit a sultan's lowly role expectations is also the degree to which

you stunt your personality to play that role. The longer you accept relegation to standby status, the more your self-regard and social reality suffer. Standby status is a game you are predestined to lose. Don't settle for being a pawn on a sultan's chessboard. Closing your mind to the reality in front of you blocks you from moving beyond standby status. Recognizing it as a no-win game is the first step to better things, but the only real way to win at no-win games is to walk out and find a game with better odds. The emotional isolation of standby equipment status is a good reason to seek out interracial relationships. "True ideas.....lead us into flowing human intercourse. They lead away from eccentricity and isolation."

William James
Pragmatism

College-Educated Black Women

The lack of a sufficient number of college-educated Black men is yet another good reason for Black women to date interracially. There's no shortage of anecdotal evidence about how tough it is for college-educated Black women to meet good men. Black female college graduates often bemoan their inability to find single Black men on their own educational level. As you ascend the educational ladder, you see increasingly more Black women than Black men, both in school and afterwards. The thin ranks of college-educated Black males are further depleted by interracial dating and marriage by educated Black men.

Many college-educated Black men feel free to date "down" with women of various races who, however physically attractive or emotionally complementary, are nevertheless less educated than the Black men in such relationships, further reducing the pool of Black men available to college-educated Black women.

"College was their idea of social self-respect."

Henry Adams

The Education Of Henry Adams

Being well-educated is a problem only if your tastes in men are racially monodimensional. Interracial dating opens the door to a pool of interracially-receptive White male college graduates receptive to interracial dating several times larger than the pool of Black female college graduates. College graduates as a group tend to be more liberal and open-minded on social issues and in their personal lives than the general population, making them a group of particular interest to single, college-educated Black women.

While everyone knows of exceptions to the rule, people with similar educational backgrounds are generally more likely to be compatible than people with very different educational backgrounds. They tend to have had similar experiences, think about similar things, have similar jobs, have similar interests, live in similar neighborhoods, and as a result have more to talk about and do together. A college professor with a doctorate lives in a different mental world than does a high school graduate working as a sales

clerk. The odds are that the professor and sales clerk will hook up with someone like themselves, and not with each other. Should you be a college graduate looking for White men with whom you are likely to have some basis for potential compatibility, one place to start is with the educated White males. There are exceptions. But, be aware that exceptions tend to be people who, however outwardly dissimilar in terms of race or education, have compensating psychological characteristics not readily apparent to casual observers, such as very similar personalities and outlooks on life.

Black women looking for compatible White men should not begin and end their search with the pool of college graduates. Education is not the sole factor in determining compatibility, and not all intelligent White men choose to go to college. Characteristics such as appearance, personality, emotional maturity and general intelligence can also be major factors in determining compatibility. Consider the emotional maturity factor. The one White guy you really connect with might be a blue-collar worker or technician. Think long and hard before you pass him by. Keep in mind that the debate about whether white-collar Black women should get involved with blue-collar men of whatever race can hit home in the most unpleasant way when you are alone at home on Saturday night to mull it over. If two people are emotionally compatible, the opinions of those outside the relationship don't count, and

count least of all when the two of you are together. Should the opinions of others regarding your private life really matter to you, you have a lot of growing up to do. Dating and mating are the most personal of concerns, not matters for public debate. Every Black woman must make her own decisions about a number of tradeoffs in seeking a White male: emotional, educational, psychological, economic and the like. Dating "down" the educational ladder might lead to meeting some "up" White men and experiences, depending on what you enjoy in a man. Remember, you're looking for a man, not a resume.

Your Social Vacation

When on a tropical-island vacation, you're not just visiting another country. You're also on vacation from the nest of old psychological associations you've built up over the years in your everyday life. Being on vacation lets you shed the old and try out the new. You've heard about people who take on new personalities while on vacation far away from home. A vacation is both an opportunity to give yourself permission to try being different, and to become the person you really are underneath, the part of you that never came out because your environment, and the people in it, discouraged expressing that side of yourself. You may be too good at being the kind of social animal that others expect you to be. Should you have spent most of your life around people of one race, you probably have an excess

of practice at taking on certain social roles for Black audiences. Your social environment doesn't allow you to take a vacation from those ingrained role expectations.

Interracial dating lets you fly off on vacation from the world of Black relationships and social expectations, set down in a new port of call and make a fresh start in a place where fundamentally different types of relationships are the norm. The old social cues and expectations are not there to lead you on. White men look and act differently than Black men. The greater their physical, psychological and cultural differences, the easier it is for you to make a break with the past due to the absence of old associations and cues that once led you on. You don't feel the need to act the same old way with new types of men, and their expectations differ from those of Black men. You can give yourself permission to become a different, less inhibited person in the context of a new psychological landscape peopled with different types of men. Being on a psychological vacation lets you shed your old habits, modes of thought and associations, and try your hand at being someone new among new types of people. "What makes us like new acquaintances is not being sufficiently admired by those who know us too well."

La Rochefoucauld

Maxims

Have you ever seen what happens when you transplant a small indoor potted plant to a more

spacious outdoor garden? You might not have thought it possible for a small plant to change in character so much just by being transplanted to a bigger garden with more fertile soil. You might be surprised at the alacrity with which it spreads out new roots and blossoms in the sunshine.

Things you didn't know you had in you will show themselves as you distance yourself from the old and become progressively more immersed in the new. You may be predisposed to become a different type of person, needing only the right circumstances, events or people to trigger what has always quietly been waiting to go off inside you. You'll find many White male fellow travelers along the interracial dating road whose predispositions complement your own, and you can be sure that somewhere out there are one or more men who can light up your life.

"I, who thought to sink
Was caught up into love,
and taught the whole
Of life in a new rhythm."

Elizabeth Barrett Browning
Sonnets From The Portugese

Chapter 2 **Reprogramming Yourself For Interracial** **Dating, Part I**

"Our beliefs are really rules for action."

William James

Pragmatism

Value Your Tastes

"Happiness lies in the taste, and not in the things; and it is from having what we desire that we are happy - not from having what others think desirable."

La Rochefoucauld

Maxims

Deep within your mind is a labyrinth of tastes with a million hidden corridors chiseled out of your life's experiences. This labyrinth of tastes is the end result of endless interactions among your inborn propensities and inclinations, the opportunities for expression life gives you and the outcomes of your many good and bad choices. The more twists of taste your experiences reveal mortared together within the caverns of your being, the more intimately have your experiences connected to the latent tastes within your inner depths. This labyrinth leads nowhere in particular. Tastes have no destination or purpose other than to point you back at yourself. They reflect and echo what awaits expression from the pool of personality within you. Your tastes are ultimately highly individualized matters of psychological biochemistry.

This labyrinth of tastes grew in part out of the opportunities for expression you encountered

every day, and is your mind's accumulation of reactions to finding what suited your tastes. Your tastes have always been present within you, awaiting only opportunities for expression. Your experiences bring to light latent tastes from within you. Tastes being mental guideposts indicating where you found experiences worth remembering and seeking again, good and bad experiences alike left guide markers to direct your future choices, good ones leaving visible guideposts for attraction, bad ones leaving shadowy guideposts for avoidance. New experiences constitute experimental attempts to find what might suit you in new contexts and situations, and each day exposes you to new opportunities to reveal ever more of the taste potentials within you. Interracial relationships are one of many ways to learn new things about yourself.

Only you know what satisfies your tastes. You distilled your tastes from the thousands of choices made in choosing and having experiences. You just make such informed judgments as you can, drawing on past experiences for guidance in evolving new expressions of taste. Others can not look within you to feel as you feel. It is impossible to formulate any single equation of individual taste that will fit all occasions and all people.

"Few.....would be happy if others had the determining of their occupations and pleasures."

Vauvenargues

Reflections And Maxims